

GHS Girls Soccer Summer Workout Information 2023/2024

Gilbert High School is proud to host its 22nd annual Summer Workout Program. The summer workouts are geared toward giving incoming players the opportunity to meet returners and coaches as we prepare for another successful season. All of our returning players are expected to be involved. All students who will be attending Gilbert High School and want to play soccer in the 2023-2024 season are invited to join us as well. The outdoor workouts will be evenings on May 30th, June 1st, 6th, 8th, and indoor sessions will be mornings June 26th & 28th (Tuesdays, Thursday). We will be playing outdoor small sided and large sided games. All outdoor times will be from 8:15pm-9:15pm, in the stadium. All indoor times are from 11am-Noon in the main gym. All workouts will begin at the conclusion of the Tiger Soccer Camp for boys and girls ages 5-13. ([Tiger Soccer Camp](#) for camp information)

GHS Girls Soccer Staff

Meagan Petrie - GHS Girls Varsity Head Coach, Katie Lulay - GHS Girls Varsity Assistant Coach

WORKOUT TIMES & DATES	
Cost = \$40 (pre registration includes T shirt)	
Make checks payable to: "Tiger Soccer Workouts"	
Returners- Registration due before May 10th.	
Incoming players can bring day of	
Outdoor: GHS Stadium Field 8:15pm—9:15pm	Indoor: GHS Gym 11am-Noon
Tuesday, May 30	Tuesday, June 27
Thursday, June 1	Thursday, June 29
Tuesday, June 6	
Thursday, June 8	

WHAT TO BRING TO SUMMER WORKOUTS? Soccer attire, soccer cleats (outdoor), guards, water bottle (with your own water), for Indoor—flats/tennis shoes only.

----- detach and return to Coach Petrie with payment -----

Player Name _____

Parent Name _____

Player Age _____

Upcoming grade level _____

“As condition precedent to participation in summer workouts, I as the parent and or legal guardian of

(player name)

agree to maintain health insurance for my daughter while she is participating in the workouts. If I do not maintain health insurance for my daughter, I agree to purchase the student accident insurance policy offered by the school district.

(Parent/Guardian Signature)

(date)